



# Getting Ahead While Getting Out

*Getting Ahead While Getting Out* is for individuals who are about to be released from incarceration, and those who are interested in learning how to stabilize their lives whether inside or outside of a facility.

Getting Out is a 5 ½ week workshop that covers 11 different topics to help you succeed after before and after release. Groups of up to 12 individuals meet three hours per day for two days a week to read and discuss topics like, “My Life Upon Release, The Importance of Language, Theory of Change, Causes of Poverty, Hidden Rules of Economic Class” and more! You’ll get to celebrate your graduation with a special catered meal and the opportunity to receive up to \$300!

By the end of the workshop, you will have developed three restoration plans that address:

- **Getting By:** immediate needs after release (and obstacles that may prevent success)
- **Getting Ahead:** a six-month strategic plan that addresses stability
- **Staying Ahead/Giving Back:** a long-term plan that is a new “life story” for the individual

Part of each person’s story comes from the past, from where and how we live, from the people in our lives., from history, and from world or national events. Just as who we are today was decided by what we did yesterday, who we’ll be tomorrow is decided by what we do today.

To register, connect with your Case Manager.



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